

# **CROSS-COUNTRY CLINIC SERIES**: RIDING IN THE BIG FIELD 101



#### Instructor approval required before signing up.

We will group riders based on X/C experience and age. Maximum of 5 riders per group.

Full Moon Farm will be offering a series of five 1-hour X/C clinics. These clinics are intended for riders looking to expand their knowledge and ability to ride safely and effectively in the big X/C field.

The first of the five clinics will be a lecture, in which Ms. Karen &/or Ms. Christine will review crucial information and answer the many questions we know everyone has! This first clinic is FREE, but is mandatory for anyone wishing to attend the other clinics.

These clinics must be attended in **sequential order**– if you cannot attend one, you cannot sign up for the remaining ones.

Times for clinics 2 through 5 will be announced after sign-ups are full. The Tuesday clinics will be held after school hours.

## Cost: \$60.00 per clinic (except lecture)

Pay via check, cash, or <u>PayPal</u> (add 4% credit card fees) Your spot will not be reserved until payment is received.

### **To sign up:** Email Ashley at <u>akpear@gmail.com</u> <u>Sign-ups to date will be posted online here.</u>

#### March 27th @2:00pm: Lecture at the Chateau (FREE!)

- Unmounted lecture with Q&A
- For riders and parents

## April 11th: Riding in the Big Outdoor & Intro to the Big Field

- Horse control outside of the arena
- Planning your ride

## April 13th: Control in the Big Field

- Riding from point A to point B
- Focusing on control and steering

## April 20th: Riding Across the Big Field

- Hacking in the field
- Focusing on group dynamics

## April 27th: Adding the Pace Component

- Determining and keeping the correct pace
- Must wear an Eventing Watch